



The Shoreline

www.highlandshores.net

January 2018

Happy New Year!

Highlights

New Year, New You Event (p.3)

How to Stick to New Year's Resolutions (p.6)

Senior Pet Tips (p.10)

Fitting Exercise into your Schedule (p.11)

Restaurant Spotlight
p.12



Highland Shores Owners Association
1 Community Center Drive
Highland Village, TX 75077

Office: 972-317-5139

Fax: 972-317-4151

Email: shoreline@highlandshores.net



Phone: 972.317.5139

Fax: 972.317.4151

Website: www.highlandshores.net

Highland Shores Owners Association
1 Community Center Drive
Highland Village, TX 75077

2017 Board of Directors

Bill Farness, President

972.317.0436

Joe Hamilton, Vice President

972.317.9291

Dick Sontag, Secretary/Treasurer

972.317.9370

John Gilberti, Director

972.966.0860

Randy Fenton, Director

871.741.7595

Steve Fluegel, Director

214.432.1079

Board Meetings are typically held the 3rd Monday of each month, but are subject to change.

2017 Committee Chairs

Covenants, Mike Moreland

972.317.3687

Modifications, Lon Baugh

214.923.3273

New Construction, Stan Lemko

469.371.5423

Tennis, Beverly Cox

214.354.3901

Swim Team, Hurricanes

Mary Nordlund

972.978.1827



CCMC Now this feels like home.®

Central Division Office

469.246.3510

Manager, Tammy Hatter, CMCA, AMS, PCAM

972.317.5139

thatter@ccmcnet.com

Lifestyle Director, Blair Bernier

972.317.5139

bbernier@ccmcnet.com

Coventants Coordination, Sally D'Amour

972.317.5139

sdamour@ccmcnet.com

The Shoreline is approved by the Highland Shores Owners Association Board of Directors. The Highland Shores Owners Association, Board of Directors and CCMC reserve the right to refuse, deny or edit any material submitted to The Shoreline. Paid advertising content represents the opinion of the advertisers and does not necessarily reflect the opinion of the Highland Shores Owners Association or any entity thereof.

The submission deadline for the February issue of *The Shoreline* is January 7th.

Ads are not guaranteed to be placed if the issue is full before the deadline. Please submit material as early as possible. Real estate classified ads are NOT permitted. Paid ads are not guaranteed.

Become a Fan!
Follow us on
Facebook & Twitter!



www.facebook.com/highlandshores



New to Highland Shores?

Welcome neighbor! Take a moment to stop by the Association office for a chat or visit our website at www.highlandshores.net to learn all the wonderful things the Highland Shores community has to offer. Any questions about making improvements to your new home? Call 972-317-5139 or send an e-mail to sdamour@ccmcnet.com.



Update: The moving of the H.S.O.A. site office to BlueLine Services has been temporarily delayed.

January Fun Facts

- **The birthstone for January is the Garnet and the flower is the Carnation.**
- **January was named after the Roman god Janus, who had two faces allowing him to look forward into the coming year and backward into the past year.**
- **Those born at the beginning of January are Capricorn and those born after January 20 are Aquarius. Capricorn are known for being ambitious, practical and helpful, while Aquarius are known for being honest, curious and affectionate.**
- **January is National Book Month, National Soup Month and National Thank You Month.**
- **For a long period of history, the start of the New Year occurred in March. During the Middle Ages, the Church was opposed to celebrating New Year's Day. It has only been celebrated in the western world for about 400 years.**



SPONSOR US!

Highland Shores is currently looking for community event sponsors. If you are interested in becoming a sponsor, call 972-317-5139 or email shoreline@highlandshores.net.

Save the Date

**BOOT
CAMP**

**NUTRITION
101 CLASS**

NEW YEAR,
NEW YOU!

Take Control Of
Your Own Health

**FOOD &
DRINKS**

Saturday, January 20

9:30 AM - 11:00 AM

Community Center

FREE

Sponsored by Jesse James Fit

PRIZES

Paint & UNwineD

Thursday, February 8

7:00 p.m.

Community Center

FREE

Unleash your creativity as you sip wine and paint a beautiful work of art. Our fantastic instructor will help you create a masterpiece. All supplies and wine are included! But feel free to bring your own bottle to share with your neighbors.

*Space is limited! Please RSVP to bbernier@ccmcnet.com by Thursday, Jan. 25.

Kids' Valentine's Craft Event

**Tues.
Feb. 13
5:00 PM**

**Community
Center**

FREE!

Celebrate
Valentine's Day
with an afternoon of
crafts! All supplies
and snacks will be
provided.

**Please RSVP to bbernier@ccmcnet.com by
Tuesday, February 6.**

THANK YOU TO ALL OF OUR INCREDIBLE 2017 SPONSORS:



Our New Website has
Launched
» CHECK IT OUT!

www.highlandshores.net

Community



Day 1 Dallas Event

When: Monday, January 1

Time: 3:00 – 7:00 p.m.

Where: Fair Park

FREE

Celebrate the New Year with a day of family fun! Head to Fair Park for tons of kids' activities, games, rides, live music, food and a massive fireworks show. It's all FREE! For more information, visit www.day1dallas.com.



THANK YOU
TO OUR HOLIDAY SPECTACULAR SPONSORS:

On the corner of HWY 577 N & Oak Street in Irving
OPEN DAILY NOVEMBER 22 - DECEMBER 22
10AM - 6PM

MYERS & MYERS REALTY

Contact us to learn what it takes to BUY or SELL in the current Real Estate Market!
Mention this ad for a FREE Market Analysis on your property!



Brian Fiorenza
REALTOR®

Brian@MyersMarket.com
(469) 964-3303

Highland Shores
Residents since '94!
Over 50 years of
Real Estate experience!



Brent Myers
Broker - Owner
Brent@MyersMarket.com
(972) 989-6616



Because it's ALWAYS a Myers Market!

ARE YOU RECEIVING E-BLASTS?

Stay up-to-date with what's happening in Highland Shores by signing up to receive email blasts! From the latest Highland Shores events to recreation information, we've got the community news covered. Email Blair Bernier at bbernier@ccmcnet.com to be added to the distribution list.



Find us on
Facebook



Lifestyle



How to Stick to New Year's Resolutions

A new year brings so many possibilities...but how do you make your resolutions last longer than a week? Here are some tips for keeping those 2018 goals.

1. **Determine your priorities.** Decide which goals you want and which you need.
2. **Make specific resolutions.** Goals should be measurable. Write them down and figure out what steps are needed to achieve them.

3. **Remember to be realistic.** A dramatic change won't happen overnight. Make small changes gradually.

4. **Reevaluate resolutions often.** If something isn't working out, come up with a new way to achieve your goal.

5. **Make it a joint effort.** Finding a workout partner to help motivate you is a good way to keep on track.

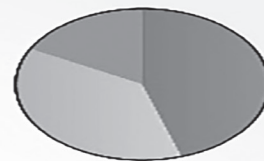
6. **Keep a schedule.** Good time management and commitment are the keys to accomplishing any goal.

New Year's Resolutions

TOP 10 New Year's resolutions



38%
of people
NEVER make
New Year's
resolutions



45%
of people make
a New Year's
resolutions

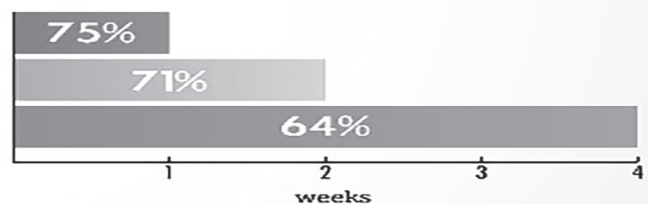


39% of people
in their twenties
achieve their
resolution each year



14% of people
over the age of
50 achieve their
resolution each year

Length of Time People Keep Resolutions



Healthy CHOCOLATE HUMMUS

Recipe

Kids Corner



A chocolate dip that's good for you? It's true! Check out the below recipe for a low glycemic, soy-free, dairy-free indulgence that your kids can make in less than five minutes.

Ingredients:

- 2 cups cooked, unsalted chickpeas
- 4 tablespoons unsweetened cocoa powder
- 2 tablespoons peanut butter OR almond butter
- 1/4 cup maple syrup
- 1 teaspoon vanilla extract

Directions:

1. Add all ingredients into a large food processor and puree until smooth, about 30-60 seconds.
2. Serve with fresh fruit, pretzels or pita chips.



Thank you to everyone who attended the Holiday Spectacular! It was a jolly ol' time!!!



Classifieds

The Classified section is a FREE service to Highland Shores residents only and is limited to merchandise for sale. The deadline for ad submission is the 7th of the month prior. Ads will not repeat unless they are resubmitted by you. Classifieds are selected on a first come, first serve basis and can be emailed to shoreline@highlandshores.net.

For Sale...

**YOUR AD GOES
HERE!**

Wanted: Luxury Used Car. Prefer one owner, 2010 or later, Lincoln, Cadillac, Lexus, etc. sedan (no SUV) with lower mileage. Contact Garry at 214-676-5410.

Deep-Clean & Super-Sealing weathered outdoor surfaces

- Wood Fences & Decks
- Stone & Hardscapes
- Concrete
- Siding & Gutters

SCHEDULE NOW
940-222-6328 • RenewCrewClean.com

RENEW CREW
Making wood & hardscapes new again.

**10%
OFF**
any outdoor
restoration

Before
After

VILLAGE DESIGNS AND REMODELING, LLC

Gene Cherrnay

General Contracting
Design and Consultation
Kitchens and Bathrooms

Certified Age in
Place Specialist

genecherrnay@verizon.net
villagedesignsandremodeling.com



940.367.0003

For Sale: Honda EU6500is generator purchased in 2013. Only 401 hours of use. Always used and stored under cover. Excellent condition! \$2,995. Call 469-408-2108.

For Sale: Weber Summit S-670 stainless steel grill. Only five years old. Good condition with few small hail dents in lid. Retail \$2499. \$800 OBO includes 46,000 BTU stainless steel patio heater. Call 972-317-0446.

For Sale: Drexel Heritage colonial walnut-finish hutch with seven drawers and two storage cabinets. Excellent condition! Price Reduced: \$800. Kathy Ireland Home Collection 7' 8" x 11' jewel-tone rug w/ windowpane design. No stains or damage, great condition! \$150. Call or text George 972-489-4794.

For Sale: 2011 Honda Accord Sedan. 42,000 miles. Excellent Condition! \$9,900 firm. Call Bill at 972-317-0436.



KUZMICH LAW FIRM, P.C.

PERSONAL INJURY
CRIMINAL DEFENSE
BUSINESS LITIGATION
UNPAID OVERTIME CLAIMS

972-434-1555

WWW.KUZMICHLAW.COM
335 West Main Street
Lewisville, Texas 75057



**STEVE KUZMICH -
PERSONAL INJURY TRIAL LAW**

HOWARD WATT - OVER 40 YEARS LEGAL EXPERIENCE
SEAN KILGORE - FORMER ASSISTANT DISTRICT ATTORNEY
NICOLE GORDILLO - ATTORNEY (SE HABLA ESPAÑOL)



Holiday Decor Reminder

Please remember to remove your outdoor holiday lighting and decorations by February 2. Thank you for helping keep Highland Shores beautiful!



The 2018 Annual Assessment notices were mailed in December. Payments **MUST** be received, **NOT POSTMARKED**, on or before January 31, 2018. Late fees will be applied to payments received after February 1, 2018. Please follow the instructions in the notice for mailing options. You can also drop the payment by the Management Office or pay online at www.ccmcnet.com. Click "Pay Online" and follow the instructions. There is a \$9.95 processing fee per online transaction. If you have any questions, please contact the Management Office at 972-317-5139.

Covenants

New Construction and Modification

Committees

The Modification and New Construction Committees will meet **January 12 & January 26**. Please have your plans submitted no later than 3:00 p.m. on the Wednesday prior. Applications are available on the "HSOA Documents" page of our website www.highlandshores.net or at the management office. Have specific guideline questions? Please contact Sally D'Amour at 972.317.5139 or sdamour@ccmcnet.com.

WE WANT YOU



The Board of Directors is currently seeking a homeowner volunteer to serve on the **Covenants Committee**, which is the hearing tribunal for the Association. The Covenants Committee meetings are held Wednesday evenings on an as-needed basis. If you are interested in serving your community, please contact Tammy Hatter at thatter@ccmcnet.com or 972-317-5139. We are counting on **you** to help keep our community great!



**PAINTING. QUALITY.
PEACE OF MIND.**

CertaPro Painters®
★★★★★

972-280-0608

flowermound.certapro.com

*Offer applied to any painting project of \$1,500 or more. Must be presented at time of estimate. Not valid with other offers. Available at CertaPro Painters of Flowermound. Not valid on current estimates or proposals.

Each CertaPro Painters® business is independently owned and operated.

IN NEED OF INSURANCE?

William J. Meek

Insurance & Financial Services, LUTCF, Insurance Advisor
972-979-2058

wjmeek@verizon.net



- Specializing in Insurance Products
- Property and Casualty for Personal Families and Business
- Life Insurance, Annuities, Retirement Funding and Tax-Free Retirement
- Personal Health for Individuals, Families and Business
- Health Insurance for Individuals and Families
- Medicare for those over age 65

Cats are considered senior at age 10 and, for some dog breeds, it's as early as age six. With proper preventive care, diet and exercise, you can help your senior pet live life to the fullest. Here are some ways to keep your pet happy and healthy through his golden years.



- 1. Never miss regular checkups.** Vets suggest bi-annual visits for senior pets.
- 2. Focus on dental health.** Brush teeth regularly.
- 3. Keep his diet the same.** Changes in food can cause dramatic results.
- 4. Don't assume problems are just due to age.** Any change in personality, weight or bathroom habits can be a sign of a serious medical problem.
- 5. Keep your pet moving.** Regular exercise will maintain your furry friend's weight and heart health.
- 6. Groom regularly.** Increased grooming promotes healthy hair and skin.
- 7. A pet friend can do wonders.** Research shows that senior pets with kitten or puppy buddies live longer.
- 8. Keep your senior pet comfortable.** Set up ramps, keep food and water dishes elevated and put bedding on the floor.



HIGHLAND POINTE
— ANIMAL HOSPITAL —

New Client Special:
Complimentary initial office visit & \$20 gift card

2250 Justin Rd. Ste 140
Highland Village, Tx 75077
972-317-9310

In Loving Memory



Billy
2000-2017

Fitting Exercise into Your Busy Schedule



Lifestyle

Between work, errands, chores and kids...finding time to workout can be nearly impossible. Here are eight easy ways to add more exercise into your day, without even stepping foot into a gym.

1. Take the stairs.



2. Keep dumbbells at your desk.



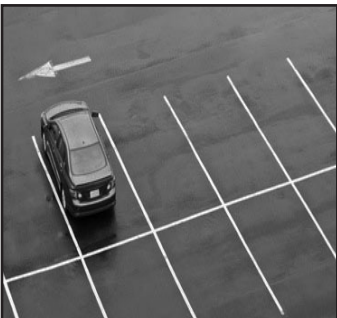
3. Walk the dog.



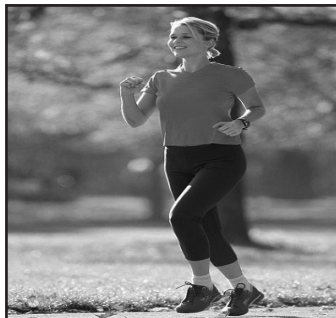
4. Squat or lunge while watching TV.



5. Park far away.



6. Jog during your lunch break.



7. Ride bikes for date night.




8. Leg raises while cleaning dishes.





Or try this
quick and easy
10-minute
workout every
morning.

MORNING POWER WORKOUT


REPEAT TWICE!




1 SQUATS x10



2 TRICEP DIP x10



3 BRIDGE HOLD 30 sec



4 x10 PUSH-UPS

Restaurant Spotlight

Marty B's
2664 FM 407,
Bartonville
BBQ/Tex Mex/Steak
Price Range: \$15 - \$30

A true taste of Texas. That's what you get at Marty B's, a restaurant as big and bold as the lone star state.

Owner Marty Bryan opened the eatery in November 2017. A Highland Shores resident, Bryan grew up on a ranch in central Texas. His passion for food began at an early age, helping his father cook meals for the family. "I've always had a knack for food and flavors, and keeping things simple," says Bryan.

The menu showcases the flavors of Texas with a combination of barbeque, steaks and Tex Mex. Kick off your meal with a delicious appetizer like the Brisket Queso or BBQ Nachos loaded with meat and cheese. Barbeque can be found throughout the menu and is highlighted in Marty B's specialties like the Texican Tamale Cake. It starts with a sweet corn griddlecake then it's topped with meat and homemade coleslaw. The tacos are scrumptious. Choose smoked chicken or brisket and complement it with a side of street corn or charro beans.

















Your mouth will water when the hand-cut Angus steak hits your table. Putting quality first, Marty B's uses all natural, hormone-free, antibiotic-free beef from a farm in central Texas. The Bone-In Pork Chop is just as savory. It's dry-aged and finished over the chargrill. For lighter fare, get the Hill Country Strawberry Salad with grilled chicken, candied pecans, blue cheese and a balsamic vinaigrette.


And you must save room for dessert! The Doey Goey Toffee Treat oozes with flavor. Take a trip to your childhood with the Campfire S'mores Kit. Nothing caps off a great meal better than a fresh, hot s'more.

The atmosphere at Marty B's is just as fantastic as the food. It's large and open with a giant rooftop patio overlooking a beautiful pasture and stage. You can check out great live music every Thursday through Saturday night on the large outdoor stage. Bryan says the inspiration was visiting Texas Hill Country resorts with his family. "I wanted it to be authentic Texas, but not country or western, more of a modern ranch style. I wanted to capture the essence of the Texas Hill Country," says Bryan.

From the minute you walk through the door, Marty B's will have you hooked on the Texas charm. Flavorful and fresh, every bite will have your tastebuds delighted. Bryan says, "No one has ever told me that my food was bland...that would be a dagger to the heart."



Food:    
Service:    
Atmosphere:    
Overall:    

ANDERSON ROOFING
Confidence through Quality

Anderson Roofing, Inc. **Confidence through Quality**

Best of Denton County 2012 & 2013
 Lewisville/Flower Mound Leader
 & The Colony Leader Repeat
 Readers' Choice Awards
 A+ Rating on Better Business Bureau
 6 Super Service Awards on Angie's List
 TCA, NRCA & NTRCA Members
 Locally Owned and Operated

972-318-1500/office
 tina@andersonroofstexas.com
 www.andersonroofstexas.com
 www.facebook.com/andersonroofing



Residential
 Light Commercial

Harvey Lewis
 Master Plumber

972-221-0386 / 972-974-4813 cell
 certifiedplumbingworks@aol.com

certifiedplumbingworks.com
 Licensed & Insured M-39723



Highland Shores Tennis Academy

2018 Spring Programs

Session I

Feb 20 - Apr 5
(No classes Mar 13 & 15)

Session II

Apr 10 - May 14

JUNIOR CLASSES

Class Level	Day	Time	Cost (per 6-week session)	
			6 total classes	12 total classes
Pee Wees (Ages 4-6)	Tue Thu	4:30-5:30pm 4:30-5:30pm	\$99	\$139
Elementary (Grades 1-5)	Tue Thu	4:30-5:30pm 4:30-5:30pm	\$99	\$139

ADULT CLASSES

Class	Day	Time	Cost (per 6-week session)	
			6 total classes	12 total classes
Tennis 101 (Beginner)	Mon	9-10am	\$99	\$139
Tennis 201 (Intermediate)	Mon	10-11am	\$99	\$139

All classes are held at courts 5-8 (near Pool 2). Rackets are provided if needed.
Make-ups for inclement weather are rolled to the next session. Call Christopher Brown at 972-839-8553 or
David Gray at 469-774-4560 for more information.

How To Enroll: Mail the attached enrollment form to David Gray, 6010 Osage Place, Frisco, TX 75034.
Pay by check (payable to Bad Dawg Tennis) or by Paypal (BadDawgTennis@gmail.com),
note class/location in Payment Notes.

HighlandShoresTennis.com

ENROLLMENT FORM (Please circle choices)



Session: ☐ I ☐ II
Classes: ☐ Pee Wees ☐ Elementary ☐ Tennis 101 ☐ Tennis 201
Student Name: _____ Age: _____ Boy/Girl
Parent Name: _____
Address: _____
Cell Number: _____
E-mail: _____
Amount Paid: _____

Tennis



There's always something happening at the Highland Shores Tennis League!

• The Ladies' Tennis League concluded its fall season with a luncheon celebration and awards presentation. This year, Sandi Quinlan and Rhonda Olson tied for the top award.

• Drop-in play will continue every Tuesday until the Spring League begins in March. Anyone is welcome!

• The new Beginner League is currently in the process of organizing. There are still a few spots open. Contact Bev Cox at 214 354-3901 or bevremax@aol.com if you are interested in joining.

Join us on the courts!



- Pool Maintenance
- Repairs
- Renovations
- Outdoor Living
- Custom Pools

(972)436-0360

www.robertspoolservice.com

rps@robertspoolservice.com



Local Highland Village independent insurance agency determined to save you money – we have multiple carriers and will always be shopping to find you the BEST possible rates! Call today for a free quote!

- **Auto Insurance**
- **Home Insurance**
- **Boat Insurance**
- **Motorcycle Insurance**
- **Life Insurance**
- **Business Insurance**
- **Pet Health Insurance**

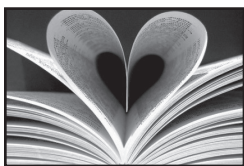


**2300 Highland Village Rd.
Suite 2215/2216
Highland Village, TX 75077**

**Michael Maples
972-318-0900**



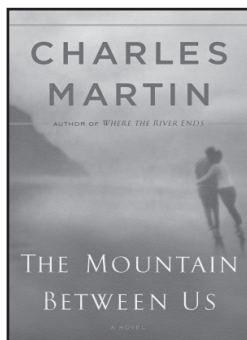
**BUNDLE HOME AND AUTO
TOGETHER AND SAVE UP TO 20%
ON BOTH WITH OUR PREFERRED
CARRIERS!**



Book Readers Supper Club

The Mountain Between Us, by Charles Martin, is the January selection for the Highland Shores Book Readers' Supper Club. Circumstances bring two strangers, Ben and Ashley, together when their flight is cancelled and Ben charts a small plane to get them to a connecting flight. Unfortunately, the pilot suffers a heart attack and crashes the plane into a snowy, mountainous area outside of Salt Lake City. For the next month, Ben and Ashley's lives become intertwined in a life and death situation. Only through luck, sheer endurance and the will to live can they survive. The emotional bond they develop is even stronger than the physical one.

Please join us on **Thursday, January 4th at 6:00 p.m.** for a lively discussion and dinner, with participants contributing to the main course. For more information, contact Diane Brown at 972-317-0801 or dbrown3801@verizon.net.



Club Corner



NIFTY & FIFTY EMPTY NESTERS POTLUCK

FRIDAY, JAN. 12 AT 7:00 P.M.
SINGLES AND COUPLES

MINGLE WITH YOUR NEIGHBORS IN THE FIFTY+ AGE GROUP AT THE COMMUNITY CENTER AND ENJOY A HOME COOKED MEAL. TO REGISTER, CONTACT PATTIE AT 972-672-9560 OR PJCHAIDSIK@GMAIL.COM.

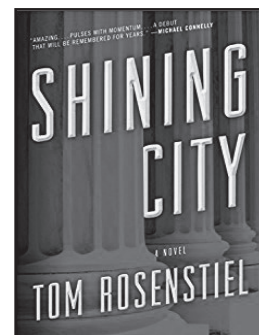
THE HIGHLAND SHORES



BOOK CLUB

We meet the first Monday of every month at the Community Center

Shining City
Tom Rosenstiel
Mystery



Peter Rena and his partner earn a living making the problems of the powerful disappear. They get their biggest job yet when the White House hires them to vet the president's nominee for the Supreme Court. Rena and his team go full-bore to cover every bit of the judge's past, while the competing factions mobilize with frightening intensity.

That becomes background when a string of seemingly random killings, with Judge Madison a possible target, overlaps with Rena's investigation. Racing against the clock to keep his nominee safe, the President satisfied and the political wolves at bay, Rena learns just how dangerous Washington's obsession with power can be.

Join us on **February 5 at 7:00 pm**. For more information, contact **Lynda DuMont**, at lyndad@tx.rr.com. New members welcome!

Dr. Cherry Chandi Internal Medicine Specialist



Cherry Chandi, M.D.

Looking for a doctor?

Dr. Chandi is currently taking new patients
From age 12 years old and up. With same day
and walk-in appointments available.

Most all insurances accepted including
Medicare.

Annual physicals male and female
School and Sports Physicals
Immunizations
Diabetes management
Hypertension
Common illness such as cold, upper respiratory, fever, ect.
Ekg

Cherry Chandi, M.D.
Internal Medicine Specialist

972-966-2525



2016 Justin Rd #360,
Highland Village, TX
75077



ComputerStressed

PC Service In Your Home
18 Years of Computer Experience

Steve Fluegel
214.432.1079

www.computerstressed.net

steve@computerstressed.net



Highland Shores Owners Association
#1 Community Center Drive
Highland Village, TX 75077

PRSRT STD
US Postage
PAID
Permit #1845
Dallas, TX

LUXURY
PORTFOLIO
FINE PROPERTY COLLECTION



BUYING OR SELLING?

Let me help you achieve your 2018 Real Estate goals!

Lee Conte-Vaughn

Multi-Million Dollar Producer
Diamond, Star & Star Plus Achiever 2000-2017

Cell: 972.849.5256

Office: 972.355.5686

www.LeeConteVaughn.ebby.com

Buyer and Seller Relocation

15 + Years Your Neighborhood Specialist!



3020 Corporate Court, Suite 500
Flower Mound, TX 75028
www.myjpmortgage.com
NMLS# 225604

MORTGAGE SOURCE PROVIDER

Lori Hopper
Helping Texas Families since 2000

Cell: 214.850.2943

Fax: 888.250.3059

lori@myjpmortgage.com

NMLS# 219453

This is not intended to solicit property currently listed.

